

Dr. Cosgarea's research is centered on the treatment and prevention of sports related injuries. In addition to clinical studies, his work with knee biomechanics has led to a better understanding of anterior cruciate ligament tears and patellar dislocations. Dr. Cosgarea has collaborated with engineers & other clinicians on a series of projects that have recently resulted in several grants, publications and research awards. He is also an investigator on projects studying knee anatomy and pigmented villonodular synovitis.

Tax Deductible contributions to the Johns Hopkins Sports Medicine Fund at Johns Hopkins Medicine can be in the form of cash, appreciated securities, real estate, life insurance and other assets.

In addition, bequests and gifts may provide income to the donor and maintain future security for Johns Hopkins Sports Medicine.

Checks should be made out to:  
**The Johns Hopkins Sports Medicine Fund**  
and sent to:  
**Andrew J. Cosgarea, M.D.**  
10753 Falls Road, Suite 215,  
Lutherville, MD 21903.



## NEW FUTURES FOR JOHNS HOPKINS SPORTS MEDICINE

Make a difference





## YOU CAN MAKE A DIFFERENCE

Athletes and active people from all walks of life seek out the expertise of Johns Hopkins Sports Medicine, a division of the Department of Orthopaedic Surgery. We are dedicated to the advancement of knowledge and cutting edge research that helps patients regardless of their activity level.

Our team, led by Dr. Andrew Cosgarea, is staffed with world-class clinicians and researchers whose work has already improved the lives of countless people - ranging from a professional athlete with a career-threatening shoulder injury to an avid gardener whose knee pain limited her favorite hobby.

For progress to continue we need to develop even newer therapies and surgical techniques to help our patients resume their busy and active lifestyles, or to continue to develop their athletic futures...AND we need your help to achieve these goals.

## WHY GIVE?

Some people give money to Johns Hopkins out of gratitude. Giving is their way of saying thank-you for the care they have received. Others give because they are frustrated that a cure or treatment regimen has not yet been identified.

It takes tremendous financial resources to carry on the caliber of discovery that occurs at Johns Hopkins. Our physicians have great opportunities to make advances in research and to apply the results in our clinics. With increased competition for NIH grants and limited funds from our professional fees, we rely on the generosity of individuals to help support our research. That is why we've established the Johns Hopkins Sports Medicine Fund. Your gift will help ensure that important medical advances in Sports Medicine come to fruition.

## HOW YOU CAN HELP

Because giving is a private matter, and varies according to available resources, there are many ways to give to Johns Hopkins. Your gift, large or small, could support a specific initiative, enable us to explore innovative techniques or help a researcher create the next medical breakthrough.

Gifts of any amount are gratefully appreciated.

We thank you for your support in securing new futures for Johns Hopkins Sports Medicine.



*"My research involves both clinical and basic science studies designed to help try to understand why sports injuries happen, how to best treat them with both surgical and nonoperative approaches, and how to prevent injuries from occurring in the first place."*

Andrew J. Cosgarea, M.D.



*"I never realized how much trouble a torn ligament could cause or that this type of injury could ever happen to me. I am an active fifty-eight year old "boomer", not a professional athlete!"*

*"The injury was terribly debilitating and a real set back for me until I had surgery with Dr. Andrew Cosgarea. It has given me a whole new lease on life."*

Alex Kilman

## ENDOWMENT PRIORITIES

**\$2.5 MILLION PROFESSORSHIP SPORTS MEDICINE**

**\$1 MILLION RESEARCH FUND**