

E. Gene Deune, M.D., M.B.A
Associate Professor
Hand/Microsurgery
Co-director, Hand Surgery Division

Tracy Cohan, MSN, ANP-BC
443-287-2065 T

Department of Orthopedic Surgery, Hand Division
Plastic and Reconstructive Surgery,

601 N. Caroline St., #5243
Baltimore, MD 21287-0981
410-955-3885 T
410-502-6816 Fax



BEFORE YOUR SURGERY

MAKE THESE ARRANGEMENTS THE WEEK BEFORE YOUR SURGERY:

1. Arrange for someone to drive you home after surgery. You may **not** use public transportation such as a bus or subway. If necessary, you may arrange for a taxi.
2. Make sure you made your **follow-up office appointment**. It is usually one or two weeks after the surgery. You may schedule a follow-up visit at either Green Spring Station or the East Baltimore campus.

THE DAY BEFORE YOUR SURGERY:

1. Do **not** eat or drink anything after 11:59pm on the night **BEFORE** your surgery.

THE DAY OF YOUR SURGERY:

1. **DO NOT EAT OR DRINK ANYTHING UPON WAKING IN THE MORNING.** It is okay to brush your teeth and rinse out your mouth.
2. Follow the directions given to you during your pre-operative evaluation about taking regularly scheduled **medications on the morning of the surgery**. You must know which ones you must skip and which ones you may take before the procedure. This includes herbal supplements, vitamins, and over the counter medications. If you were instructed to take a medication, take it with only a **small sip** of water.
3. To decrease the chance of infection, **shower in the morning** before surgery.
4. Wear very **loose clothing** so that they easily fit over the bandages you will be wearing after surgery.
5. Arrive to the basement of the outpatient building **2 hours before** surgery.

The address of the outpatient center is **601 N. Caroline Street Baltimore, MD 21287.**

The main operator telephone number is **(410) 955-5000.**

Enter the outpatient center and press the **LL** button on the elevator to take you to the **surgery center on the lower level.**